



SUIS PUDONG NEWSLETTER



SUIS Pudong offers an opportunity to enter a continuum of education from Primary through to the end of Secondary to prepare our children become the Chinese citizen for 21st century global society.



Dear Parents,

So the greatly anticipated 10th Anniversary of Xiehe SUIS Pudong Campus celebrations came together on Friday 19th October 2018 and what a spectacular day it was! Guests, students, staff and PSG representatives gathered together at the Vango Sports Center to celebrate.

The morning ceremony brought together the school community to reflect on the memories of the last decade, whilst celebrating and looking forward to the next.



Student ambassadors welcomed guests. The ceremony featured a range of vibrant performances from the students from both the Local and International streams.

The confidence that the students displayed in front of a crowd of over 1500 people was phenomenal. Every single student made us feel proud.



Ms Maxine Lu, the general Principal of Xiehe who was the founding Principal of the Pudong campus said “So many people build a house and so many hearts build a school.” Well certainly the love and warmth was felt by all at this very wonderful day.



The celebration would not have been complete without a cake. The entire arena sang Happy Birthday to Pudong and wished for an even better next decade for the campus.



We also had a great opportunity to invite our Alumni students, previous members to be part of the celebration.





The event saw 10 members of staff who have completed their 10 years of service be awarded for their commitment to the school.



This event will have a lasting memory for us all. "Happy Birthday to Pudong!"

Please enjoy a variety of photographs from the event...



Kim Sahi

Ms, Bonnie Cai

Co-Principal Assistant Principal and Head of Secondary

Actors and Actresses & Ambassador

G7 AC	翁梓涵 Jasper WENG
G7 AC	桑梓忆 Teddy SANG
G7 MS	张家硕 Joshua ZHANG
G7 MS	龚汉琛 Harry GONG
G7 MS	阮泓馨 Rita RUAN
G8 ZB	杨远怡 Yvonne YANG
G8 ZB	李偲琦 Susie LI
G8 NB	黄伊苓 Elaine HUANG
G8 NB	胡雨梦 Lucy HU
IG1 CV	李翰泽 Adam LI
IG1 VG	郑悦林 Elaine ZHENG
IG2 CL	薛依善 Kitty XUE
IG2 YY	陈蕊 Grace SCHENKEL
AMS	田牧航 Tony TIAN
AMS	Dara LESNIAK
IG1VG	Giovani SAUT
IG1VG	Yatharth SINGH
IG1VG	严亿 Mike YAN
IG1VG	经牧菲 Sophie JING
IG1CV	吕令仪 Lulu LYU

House Sports Day

Last week saw our Cross Stream Sports Day, a day of team work and collaboration for the houses which turned into a nail biter! Eventually Green House was victorious with 2,501 house points!

On Wednesday, October 10th, we had Secondary Sports Day. Teachers led 13 events and every student participated in all the events with the aim being to gain house points and win some medals in the individual events. All of the students competed with determination throughout the day and the way each house encouraged and helped each other was great to see. When all the events were completed each class put forward a representative for the '10 Lap Relay', this was to commemorate the 10th anniversary of our school. After all the house points had been calculated it was green house you were the champions.

This was a cross stream event and the teachers from both streams worked tirelessly to ensure the day was a success.



Our trip to Chengdu

We went to Chengdu to learn about Science and Chinese culture, as a bonus we got to experience the beauty and fantastic food. Chengdu is a more relaxed city than Shanghai and is one of the capitals of the Shu Kingdom.

The first thing that we did when we arrived was eat! We went to a traditional hotpot restaurant, although a couple of our group wasn't that enthusiastic. Most of us however really liked it, and the musician played us music on the pipa while we ate, which was a fabulous experience.

One of the main reasons that we chose Chengdu was to work with the pandas. Pandas are currently under huge threat, because of the destruction of their environment and they are very fussy eaters and easy targets for predators. We think that if there were no humans looking after them they would be extinct. They are actually extremely lazy and we even had to break up their bamboo dinner for them to help them eat it!

Pandas eat a great deal of food, and as we are well aware what goes in must check out. As a result they poop at least 100 times per day (!) (And we know this is true as we had to clean their compounds twice). As payment for our services we got to get really close and feed them by hand; a truly magical experience.

We also went to visit the ancient Leshan Buddha which is a world UNESCO site. Many people do not realize that there are actually three of them. The large one carved into the mountain, the reflection in the water and the sleeping Buddha that can be seen from a distance. We saw this site by boat because we could get a much better view of the whole site.

Our trip to Chengdu

We also fitted in a visit to the Chengdu Museum which has outstanding collections from ancient Chengdu to modern history, including costumes, china and weapons. There was even a special exhibition about the bronze- age.

We also visited Jinli and Kuanzhai Alley, the traditional parts of the city retained for their beauty and ancient architecture which sold extremely yummy blown candy specific to the area.

Chengdu was awesome and we were blessed to have been able to visit this



great city and its history but most of all the sacred pandas.

Many thanks to Ms Nancy Xu and Ms Weeden for arranging this fantastic opportunity for us.

By G7: Jonathon, Evy, Mathilda, Jessica, Fiona, Yolanda.

Book Week

International Secondary School will celebrate Book Week beginning 19th November. Students throughout Key Stage Three will enjoy a variety of events and activities during their English lessons!

Infectious Disease

Dear Parent,

Recently, there has been a high incidence of infectious diseases. To reduce the risk of infection among students in the school, I would like to pass on some information regarding this infection.

Symptoms of HFMD

This is a disease caused by a virus. The incubation period usually is 2 to 10 days. It often causes a rash on the palms of the hands and soles of the feet. The rash is usually red, lumpy and may blister. Sores in the mouth, which can develop into ulcers. Some cases are diagnosed as herpangina.

Symptoms of Chicken Pox

It is an infectious disease caused by the varicella-zoster virus. The incubation period usually is 12 to 21 days. This virus can also cause shingles (herpes zoster). It usually begins with flu-like symptoms followed by a high temperature and an intensely itchy, vesicular (fluid-filled blister type) rash.

Symptoms of Influenza

The incubation period is 1 to 7 days, temperatures are usually above 38° accompanied with a cough, sore muscles and joints, fatigue, and other symptoms. Mild symptoms are similar to flu and the common cold. If it is a light infection, the symptoms should only last 2 to 3 days.

Symptoms of Scarlet Fever

The incubation period is 2 to 7 days. It is characterized by acute onset, fever, pharyngitis, diffuse rash, headache, sore throat, red strawberry tongue and other symptoms.

Symptoms of Mumps

The incubation period usually is 12 to 21 days. It is usually preceded by a set of prodromal symptoms including low-grade fever, headache, and malaise. This is followed by progressive swelling of one or both parotid glands. Parotid gland swelling usually lasts about one week.

Symptoms of Norovirus

The incubation period was 24 to 48 hours. The symptoms include headache, fever, nausea, vomiting, diarrhea, and abdominal (belly) pain. Diarrhea and vomiting can cause dehydration. Normally 2 to 3 days can recover.

Infectious Disease

Can it be prevented?

Frequent hand washing may help to protect against infection.

Avoid going to public places and to reduce risk of infection.

Clean tableware frequently.

What should the school do?

Isolate students who have similar symptoms and inform parents to send them to hospital to confirm the disease.

Put the infected class in isolation. All lessons will take place in the classroom. The children will be inside all break-times and lunchtimes and eat their lunch in the classroom.

Inform class teachers to make sure that students wash hands frequently and ventilate the classroom.

Ensure cleaners disinfect the school.

Monitor other students' symptoms and report to the CDC everyday.

If a student has been diagnosed as having the disease, he/she has to be absent from school until he/she receives a doctor's certificate stating he/she is completely free from the illness and incubation period. The certificate must be shown to the school nurse on their return to school.

To try to prevent this infection entering / spreading through the school, we need all parents to check their child's temperature before school each day. If the fever is over 38 °C, the student needs to stay at home for 72 hours after the fever has gone. Within 72 hours, if the student has skin rash or blister on their body and sores in their mouth, please immediately bring him/her to hospital instead of returning to school. Please inform the school of the doctor's diagnosis immediately.

I hope you find this information helpful and reassuring. Thank you for your cooperation.